

**5<sup>th</sup> term at Lincoln College (LC)  
INFORMATION SHEET  
Updated May 23, 2008**

**I. GENERAL**

**LOCATION**

Lincoln College is located in Lincoln (main campus) and Normal (satellite), Illinois. The 5<sup>th</sup> term program will be hosted at the Normal, Illinois campus.

*Address*

Lincoln College Normal Campus  
715, West Raab Road  
Normal Illinois -61761  
309 268 4315

Food stores, supermarkets, coffee shops, delis, and pharmacies are walking distance from campus, and there is a bus line that runs right in front of campus approximately 50 yards from the residential apartments. Other colleges and universities, including Illinois State University, are also located in the vicinity of LC.

**COST**

\$7,800.00 Tuition  
\$2,700.00 Fees (including housing and a \$200 refundable Damage Deposit).

The balance is payable, in full, to the University of Sint Eustatius by **August 1, 2008**. The \$2700 fee is payable *in addition* to any loan money that may have been kept aside for tuition for future terms. The University Controller will send bills to the island for this “extra” payment to be made by the above deadline.

Students who wish to enroll for 5th term at Lincoln College (LC) are required to sign a contract, which is available from Administration. The contract is considered valid once a non-refundable \$250.00 deposit is paid. If the student attends LC, the deposit goes toward LC tuition. If a student breaks the contract and does not attend LC, then the \$250.00 is forfeited. The deadline for signing up for (and paying the deposit) for the May-08 term at Lincoln College is July 1, 2008.

**CHECK-IN**

Check-in at LC occurs on a date to be announced. On that day, students should arrive at the LC Reception, where they will be directed to their on-site residence (see below).

**HEALTH INSURANCE**

Upon return to the U.S. from Sint Eustatius, students will be switched to the school's health insurance plan that covers students while in clinical rotations.

**HOUSING**

In general, students are required to live in the on-site residential apartments (see Housing Exemption below). The LC apartments are located within 30 yards walking distance from the

classrooms. Each apartment consists of four individual bedrooms (each with its own lock and key), two bathrooms, a living area and kitchen. Apartments are furnished (bed, desk, couch, chairs, table, and washer/dryer). Each bedroom has its own sink and mirror. Most amenities are included (e.g., internet, cable television, and utilities). There is a large community barbecue on site. Students will need to bring bedding and kitchen supplies (pots, pans, dishes, and glasses). A list of items to bring is provided at the end of this document. A brochure showing the apartment is downloadable from the Classnotes directory under a sub-directory entitled "U.S. 5<sup>th</sup> term" on the student server (<http://sepdcc>).

Students are encouraged to choose their own roommates. Students should provide the list of roommates to Marijke Tearr in Administration on Sint Eustatius. Apartments are NOT co-educational (i.e., students must be of the same gender to reside in the same apartment together).

### **HOUSING EXEMPTION**

If a student has a spouse and/or children who will be accompanying them to LC, then the student is exempt from living on campus. If a student has permanent residence in Normal/Bloomington, then the student may live at home and be exempt from living in the LC apartments. If proof of permanent residence is provided (e.g., a utility bill), then the student is not required to pay fees specifically associated with the LC apartments (approx. \$1800).

A student who does not have permanent residence in Normal/Bloomington but who wants to live off campus may do so; however, the student must still pay the entire \$2700 in fees. For security and liability purposes, these students would not receive a key to the residence. At the end of the term, the students would automatically receive their full damage deposit back.

### **PETS**

Pets of any size (including birds) are not allowed.

### **VEHICLES & PARKING**

Students who have cars should register their vehicle with LC. There are plenty of parking spaces available at no extra charge.

### **FOOD, ALCOHOL, AND SMOKING**

Cost of food is at the student's own expense. For USESOM students, LC will allow consumption of alcohol in students' personal residence provided that students do not serve it to minors nor engage in drinking alcohol with a minor present in the apartment. Normal, Illinois is a smoke-free town. Smoking is not permitted at LC facilities, including the LC residences.

### **LIBRARY AND STUDY LOUNGE**

The LC library and LC Student Lounge/Recreation Center is located across the street from LC apartments and are also available for use by USESOM students.

## **IDENTIFICATION CARDS**

- Students will need to bring their USESOM student ID cards with them.
- All USESOM students will be issued a LC ID card. This ID card will allow USESOM students to use the recreational and library resources at both LC and at Illinois State University.
- USESOM students will be provided with many of the special discounts that any LC student would receive (e.g., restaurant discounts, etc.). The Illinois State University Recreational Pass is NOT included. The fee for the Pass will be at a student's extra personal expense.
- The LC ID card will allow our students to ride the bus system for free.

## **LC STUDENT HANDBOOK**

The LC Student Handbook (in PDF format) is downloadable from the Classnotes directory under a subdirectory entitled "U.S. 5<sup>th</sup> term" on the student server (<http://sepdc>). Please note that USESOM students are NOT eligible for financial aid through LC resources. USESOM students are obliged to follow the rules and regulations set forth in the Handbook; otherwise, USESOM students may be dismissed from the 5<sup>th</sup> term at LC.

## **ARRIVAL DATE**

Students need to arrive in Normal, Illinois on a specific date (to be announced), in order to insure apartment check-in procedures. Students generally cannot move in prior to the specified date due to the occupancy by other students who are moving out and the need to clean and perform repairs.

## **ORIENTATION & START OF CLASSES**

Students are expected to be at Orientation to the 5<sup>th</sup> term program and to start classes on the designated dates for the term.

## **II. CURRICULUM**

The syllabi for the most recent *Introduction to Clinical Medicine and Physical Diagnosis* (ICMPD) course and Kaplan Review Course at LC are downloadable from the Classnotes directory under a subdirectory entitled "U.S. 5<sup>th</sup> term" on the student server (<http://sepdc>). Please note that the description below is tentative and may be modified as needed.

## **CLASSROOM EXPERIENCE**

In general, classes will be held from 8 a.m. - 5 p.m. with 1-2 hours for lunch. Lectures will be presented from Powerpoint slides and follow the systems approach to Clinical Medicine. Three days per week, a quiz will be given during the first 30 minutes of class. Quizzes feature case-based, multiple choice questions, which touch on key concepts for USMLE Step I.

For teaching of the physical exam, two students at a time will be given preferential time with the instructor. A schedule will be provided on the first day of class. Instruction in the physical exam will typically be held in the afternoons beginning in week 1.

The USMLE Review course (DVD-based) will run parallel with ICMPD beginning in week one of the term. The USMLE review books will be provided on site.

## **CLINICAL EXPERIENCE**

During the term, students will devote three to five full days in Hopedale Medical Center. Students will rotate in the hospital in groups of four students per week. Groups will report to the Center at 7 a.m. and will work in the out-patient department, in-patient department, or operating room depending on the routine of the preceptor in charge and remain at the Center for approximately 12 hours.

## **REQUIRED EQUIPMENT**

- Laptop computer
- Sphygmomanometer
- Otoscope
- Ophthalmoscope
- Stethoscope
- Short white coat
- USESOM Student ID
- Taylor Percussion Hammer
- 2 Tuning forks (C-512, C-128 frequency)
- Pen light
- Pocket vision guide

## **REQUIRED TEXTS**

- Cecil's Essentials of Medicine
- Bates' Guide to Physical Examination and History Taking
- Dubin's Rapid Interpretation of EKG's

For the Spring 2008 5<sup>th</sup>-term class, students who matriculated before September 2007 will be provided Cecil's and Bates' textbooks on site at LC. Students already have been provided Dubin's book (from Physiology class) and should bring this text with them to LC. Students who matriculated after September 2007 are responsible for purchasing their own textbooks.

## **III. ADDITIONAL INFORMATION ABOUT LC & NORMAL, ILLINOIS**

### **PHONE LINES IN LC APARTMENTS**

- Phone jacks for individual phone lines are available in the bedroom of each LC apartment.
- Local phone calls are free, but long distance calls are not.
- Toll-free calls can be made at no extra charge by LC.
- Students can use a telephone calling card at no extra charge by LC.
- Individual voice mail is supplied for each student.
- Phone service is already connected—students just need to bring their own telephone and plug it in.

### **INTERNET CONNECTION IN LC APARTMENTS**

- Each bedroom also has a high speed Ethernet outlet. Students need to bring a cable in order to connect their computer to the outlet.

## RECREATION

- There is a basketball court and a volleyball court on the grounds of the student apartments.
- There is an outdoor running pathway on the grounds.
- The student lounge is very large and located 30 feet from the apartments.
- There is a pool table and lots of couches in the student lounge.
- An Amtrak train station is close by (a train ride to Chicago is 2.5 hrs.)
- The nearest gym is located at Illinois State University, which is located under 1.5 miles away.
- In the Bloomington are, there is a Gold's Gym (currently priced at \$30/month).

## RESTAURANTS

Within 50 yards of the LC apartments, the following restaurants are found:

- Steak n'Shake
- Chinese, take out/sit-in/delivery
- Bar-B-Q, take out or sit-in/delivery
- McDonald's, Burger King and Arby's

A & W Root Beer, Kentucky Fried Chicken, Pizza Hut and Uncle Tom's Pancakes are within walking distance (i.e., less than 1/4 mile).

Within 5 miles, there is virtually every restaurant you can possibly think of as well as most department stores you will need.

### **Restaurant Q&A**

**Q: What is the best pizza in Normal?**

*A: Prime Time Pizza and Micheleo's (both are located in downtown Normal, one mile from the student apartments. Both deliver).*

**Q: Where is the best vegan menu in Normal?**

*A: The Coffeehouse in downtown Normal.*

**Q: Where can I get a delicious submarine sandwich?**

*A: Jimmy John's (they deliver)*

## STORES

- Within 50 yards of the LC apartments, there is a fully equipped convenience store.
- The campus of Illinois State University, as well as its football arena, are within 1.5 miles.
- Walgreen's Pharmacy is around the block from the apartments.
- 4. Sam's Club, Wal Mart, and Meijer's are within 3 miles of the student housing.

## NEARBY HOTELS

For those students who arrive prior to move-in date, there is a Super 8 and Motel 6 across the street from the Normal campus. The Motel 6 is around \$38.00 a night (single occupancy), and they have a pool. Steak n'Shake is across the street from both.

## **What to Bring...**

(for living on campus at Lincoln College - Normal)

### **Items furnished:**

Living room furnishings include: couch, chair, end table, miniblinds, ceiling fan/light

Kitchen furnishings include: oven, refrigerator, dishwasher, microwave

Bedroom furnishings include: adjustable height twin bed (sheet size "twin extra long"-not included), desk, chair, dresser, full-size mirror, closet organizer, miniblinds

Laundry: washer and dryer provided in each apartment

\* In addition, all rooms include ceiling mounted light fixtures, and the living room and bedrooms have fire alarms, telephone jacks, cable TV jacks. DSL Internet jacks are installed in each bedroom.

**Items you and/or your roommates may want to bring** (make sure you contact them to find out who is bringing what):

Living room: television, television stand or entertainment center, VCR/DVD player, stereo equipment, clock, wall hangings

Kitchen: pots and pans, utensils, toaster, coffee pot, dishware, glassware, garbage container, dish soap, dishwasher soap, cooking supplies, food, dish towels, hot pads, blender, can opener

Bedroom: phone, television, sheets, blankets, pillows, pillow cases, reading lamp, alarm clock, laundry basket, hangars, calendar, fan, stereo, school supplies, clothing, computer

Bathroom: towels, shampoo/soap etc., wastebasket, shower caddie, medicine, Kleenex, toilet paper, hair dryer, curling iron

Laundry: laundry detergent, fabric softener, iron/ironing board

Miscellaneous: sewing kit, cleaning supplies (Windex, furniture polish), toilet brush, video and/or other games, roller blades, coasters, air-freshener, mop, broom, magazine rack, flashlight

\*\* Lincoln College - Normal welcomes you to the campus. We hope this list is helpful as you prepare to move in. While these items are appropriate, you may think of other things you may need or want to bring.